

BASIC CRUISING INSTRUCTOR STANDARD

Prerequisites

The candidate must:

1. Be age 18 or older;
2. Have the Basic Cruising Standard;
3. Have the Coastal Navigation Standard;
4. Have 2 or more years sailing experience;
5. Have Red Cross or St. John Ambulance Standard First Aid Certificate or nationally recognized equivalent and a current nationally recognized certificate in CPR level A or higher;
6. Have a CYA PCOC card;
7. Have a VHF with DSC Restricted Operator's Certificate Maritime;
8. Demonstrate characteristics and motivations worthy of being at CYA LTC/P Instructor;
9. Demonstrate a willingness to support the goals of the CYA LTC/P program.

Note: It is important that candidates be current in their sailing skills and knowledge prior to entry into Instructor clinics. The Sailing evaluation demands above average basic sailing skills and there is no time during the clinic for remedial work.

Ashore Knowledge

The candidate must:

1. Achieve a mark of 90% on the *Basic Cruising* examination;
2. Achieve a mark of 75% on the CYA *PCOC* examination;
3. Achieve a mark of 70% on the *Intermediate Cruising* examination;
4. Achieve a mark of 90% on the *Rules of the Road* examination based on Rules 1 through 37, 40 and 45 of the *Collision Regulations* (Colregs), and the *Canadian Buoyage System*;
5. Achieve a mark of 90% on all *Basic Cruising Working Papers* as supplied in the Basic Cruising Instructor Candidate Workbook. These are open-book and completed at home before the clinic.

Ashore Skills

In addition to the Basic Cruising Instructors Resource Book and Candidate Workbook, there will be presentations by the Instructor-Evaluators (IEs) on teaching methods and techniques.

The candidate will be required to prepare and present a classroom lesson from an assigned topic based on performance objectives from the Basic Cruising Standard. The specific topic will be assigned during the clinic and the candidate will be given time to prepare a lesson plan.

Afloat Skills

1. Afloat Evaluation #1: General Sailing and Seamanship

The candidate under evaluation will be on the helm. The jib sheets will be handled by two other candidates. The boat will start closehauled and sail the following: closehauled, close reach, beam reach, broad reach, run, gybe, run, broad reach, beam reach, close reach, closehauled, tack, close hauled on the original tack. The manoeuvre will then be repeated by the same candidate sailing the "circle" in the opposite direction.

On each of the named points of sail the candidate will pause, check and adjust the sail trim and the direction of the boat; when these satisfy the candidate, he/she will call out the point of sail, for example, "steady on a beam reach".

The candidate on the helm will handle the mainsheet if possible, and will be assessed on the following:

- a) Smoothness of the manoeuvres (no overshooting course when tacking, no broaching or violent boom swing when gybing, etc.);
- b) Turning in the correct direction;
- c) Commands to the jib sheet crew;
- d) Although the person on the helm will not be assessed for the handling of the jib, this candidate will be responsible for the final trim of the jib and the main before the "steady on course" call.

The candidate on the jib sheets will be assessed on the following:

- a) Safety of winch work;
- b) Casting off on tacks and gybes;
- c) Easing and hardening sheets;
- d) The trim of the jib before the person on the helm calls for any other adjustments.

The mainsheet traveller will be kept in its amidships position.

II. Afloat Evaluation #2: Single-handed Sailing

The candidate will be assessed on ability to do the following single-handed:

- a) Starting with the boat at anchor with the sail furled, sail the boat from the anchorage and sail a prescribed course which involves at least three tacks (closehauled to closehauled) and three gybes (run to run to run);
- b) Put in and shake out a reef;
- c) Successfully demonstrate the Triangle Method COB procedure;
- d) Anchor and secure boat.

III. Teaching and Evaluation

Candidates will be evaluated on their ability to teach each performance objective of the Standard and to note omissions and errors when students carry out these procedures and offer suitable constructive criticism.

For each performance objective, the candidate will be expected to know it, to be able to teach it, and to be able to critically evaluate and coach the performance of students.

Certification Power

Basic Crew Standard and Basic Cruising Standard and Spark Start (PCOC). Teaching and certification in a liveaboard (Cruise and Learn) format is authorized only for Basic Cruising Instructors with the Advanced Cruising Student Standard.

Instructors/IEs must register annually prior to teaching or awarding CYA certifications.

An Instructor/IE Candidate must possess all prerequisites prior to enrolling in a clinic, and complete all the requirements for certification within four months of the last day of the IDP in which the Instructor Candidate participated.

Recertification is required for all instructor/IE levels within 36 months of the first calendar yearend following the last day of an initial certification, recertification or instructor development clinic as authorized by the CYA LTC/P Committee.

Recertification is by application to the CYA as per Training Division Policy Manual Section I, 1.9 and Appendix C or by an upgrade in Instructor/IE qualifications.